





Bring on Summertime!

Family Fun at Town Square Park

BURIEN RECREATION GUIDE SUMMER 2015

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HIGHLINE PUBLIC SCHOOLS A public sources for overy student

In consideration for the privilege to distribute these materials, the Highline School District shall be held harmless from

any cause of action, claim or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

Rentar Las Instalaciones o Para Un Programa

¿SABÍA USTED que puede rentar el Centro Comunitario o los cobertizos para picnics en el Parque Seahurst para su reunión familiar? Ofrecemos también una amplia gama de clases para todo el mundo, desde los más chicos hasta los adultos mayores. Si no habla inglés, lo podemos atender más rápido si trae un amigo o familiar que le pueda interpretar. Visite el Centro Comunitario en el 14700 6th Ave SW en Burien de lunes a jueves de las 8:30 AM a las 8:00 PM, viernes de las 8:30 AM a las 5:00 PM, y sábados de las 8:00 AM a las 12:00 PM.

¿NO HABLA INGLÉS? Ver las pagina 39.



SCHOLARSHIPS AVAILABLE FOR LOW INCOME YOUTH

- > Pay 50% less than the listed fee if your family qualifies for free/reduced lunches
- > Must be a Burien resident
- > Call 206.988.3700 for information





AND Theatre & Movies Too!

Wednesday Nights

6:30-8:00pm at North SeaTac Park S 128th St & 20th Ave S

JULY 15 Whozyamamma // Cajun/Zydeco

JULY 22 Highline Community Symphonic Band

JULY 29 Abrace // Acapella/World Music

AUGUST 5 The 14/48 Projects Theatre for the whole family!

The Journey of the Bell: Tales of Wonder & Adventure from Hans Christian Andersen

Thursday Nights

6:30-8:00pm at Lake Burien School Park SW 148th and 16th Ave SW

JULY 9 The Staxx Brothers // Hip Hop/Soul

JULY 16 The Diamond Experience // All Neil Diamond!

JULY 23 Ranger and the Re-Arrangers // Gypsy Jazz

AUGUST 6 Modern Relic // Country

AUGUST 13 Adrian Xavier // Reggae

AUGUST 20 Burien Film Festival Starts at dusk, around 8:30pm

JULY 30 Buena Vibra // Salsa

Ten locally produced shorts films.

FOR MORE 206-988-3700 // www.hurienwa.gov/concerts

On rainy evenings, please call (206) 988-3700 after 5:00pm to learn if concert has been relocated. Theatre is rain or shine. Sponsored by:











Theatre in the Park!

Burien Arts Association and GreenStage Presents Shakespeare in the Park

7:00pm at Dottie Harper Park 421 SW 146th // www.burienarts.org



Family & All Ages





Evergreen Community Pool is a beautiful facility located next to the Evergreen High School campus and athletic field complex at the south end of White Center.

606 SW 116th St. Seattle, WA 98146 www.evergreenpool.org • 206.588.2297

- Public Swims
- Lessons for all ages
- Aquarobics
- Family Swims
- Lap Swims
- WhiteWater Aquatics Swim Team

GREGORY SEAHURST OUTDOOR POOL

This seasonal neighborhood pool offers swim, diving, and tennis lessons. Club membership is open to the public; however, membership isn't required to register for instructional lessons. Facility includes outdoor pool and separate kiddie pool, tennis courts, patio, and kids' play structure.

16700 19th Ave SW, Burien 206.244.3640 • www.gregoryseahurst.com



FREE FAMILY SWIM PASSES NOW AVAILABLE!

Low-income families who qualify for free/reduced lunches and live within Burien city limits can now receive FREE Family Swim Passes for the Evergreen Community Aquatic Center. Passes are good for Open and Lap Swims.

Pick up your pass at the Burien Community Center 14700, 6th Ave SW

Information: 206.988.3700



Scavenger Hunt! FREE Family Fun Run

August 13, 2015 · Thursday · 5:30pm-8:00pm

Check in 5:30pm, Run 6:30-7:30pm, Raffle 7:30pm

Scavenger hunt style race for runners and walkers of all ages. Get ready because the 60 minute dash starts at 6:30pm when the map of local businesses holding raffle tickets is revealed. The goal is to get as many raffle tickets as possible and return before 7:30pm when the raffle starts.

Raffle prizes for both kids and adults!





Pre-Registration required · Use code #17886







Camp CRAZ rocks! Page 12



Enjoy the Wild Strawberry Festival Page 3



KARATE

Beginning Karate for **NEW Students**

REGISTER EARLY...This popular class fills quickly! Learn the basics of blocking, striking, kicking, self-defense, and more. For students who want advancement in Belts and to move to the next level (Beginning for Continuing Students), uniforms and a Seattle Tang Soo Do \$40 Association membership fee are required after 5 weeks of this session. No class 5/25.

 Age: 8Y and up
 Fee: \$118 / RD \$112
 Classes: 31

 17681
 Apr 27-Aug 12
 6pm-7pm
 Mon, Wed

 BCC Manhattan Room
 Instructor: Paul Miller

Beginning Karate for CONTINUING Students

This is a continuation of the Beginning class for returning White Belt students. No class 5/25.

 Age: 8Y and up
 Fee: \$118 / RD \$112
 Classes: 31

 17684
 Apr 27-Aug 12
 6pm-7pm
 Mon, Wed

 BCC Manhattan Room
 Instructor: Paul Miller

Intermediate Karate -Tang Soo Do

For Tang Soo Do graduates who have earned the rank of Yellow, Orange & Purple belts (or by instructor's permission only). No class 5/25.

 Age: 8Y and up
 Fee: \$118 / RD \$112
 Classes: 31

 17683
 Apr 27-Aug 12
 6pm-7pm
 Mon, Wed

 BCC Manhattan Room
 Instructor: Paul Miller

Advanced Karate -Tang Soo Do

Continuation of Intermediate class for students with Green Belts and higher (or by Instructor's permission only). No class 5/25.

 Age: 8Y and up
 Fee: \$118 / RD \$112
 Classes: 31

 17682
 Apr 27-Aug 12
 7pm-8pm
 Mon, Wed

 BCC Manhattan Room
 Instructor: Paul Miller



FIRST DAY CAMP

In this half-day camp, campers will develop coordination, creativity and curiosity through athletic activities, indoor & outdoor games, art projects, songs, stories and creative movement. Snack will be provided. Children must be potty-trained.

> Age: 3Y-5Y ★ 9:00am-12:00pm Fee per week: \$105 / RD \$100 Dottie Harper House: Main Floor

A Bug's Life

Come learn all about bugs and insects. We'll do arts & crafts, sing songs, read stories and play games all about bugs. We'll even go on a bug friendly bug hunt through the park!

17894 July 13–17

Superheroes

It's a bird! It's a plane! It's our Little Learners Superheroes! Let's soar through arts & crafts, songs, stories and games! We may even get to meet some local heroes!

17895 July 20–24

Once Upon a Time

Calling all knights and princesses! Through arts & crafts, songs, dance, stories and games, we'll learn about manners and what it truly means to be a princess or prince.

17896 July 27–31

Camp will be led by Katie Doohan, current and experienced preschool teacher in the Kent area.

PRESCHOOL PARENT ATTENDANCE POLICY

For most preschool classes, parents are encouraged to attend the first day of class unless otherwise stated in the class description. Parents are discouraged from attending all other classes so that their child can completely focus on the class content.



ART

Little Hands Art Camp

Take a trip down imagination lane as we explore the arts through popular children's literature. Your young artist will experiment with a variety of art materials, gain confidence and feel successful in this unique and inspiring art studio. All supplies included. Must be potty trained.

 Age: 3Y-6Y
 Fee: \$96 / RD \$92
 Classes: 5

 17764
 July 13-17
 10am-12pm
 Mon-Fri

MAC Multipurpose Room Instructor: Oleana Perry



Looking for new ways to engage your toddler? Visit our indoor playground, perfect for those wet and cold days. The play area is equipped with rideon-toys, tumbling mats, playground equipment and plenty more.

NOTE: Program ends June 18 & will resume September 15th

Tues & Thur

Age: Crawlers to 5 year old

Drop In: \$2 per child (cash only)

Punch Card: \$20 for 10 visits

(Visa, MC, cash or check)

SPORTS

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the 'World's Most Popular Game!' As you and your child participate in our fun age appropriate activities, your child will be developing their large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Every participant will receive a Kidz Love Soccer jersey!

 Age: 2Y–3Y
 Fee: \$101 / RD \$96
 Classes: 8

 17898
 July 9–Aug 27
 4pm–4:30pm
 Thur

 Green House Field
 Instructor: Kidz Love Soccer, PNW

Preschool Sport Skills

Children will get an introduction to T-ball, flag football, soccer, golf, track & field. They will practice listening skills, how to follow directions and improve their eye-to-hand coordination, balance and muscle control. Perfect for building confidence, making new friends, and learning the importance of teamwork!

 Age: 3Y–5Y
 Fee: \$49 / RD \$42
 Classes: 5

 17947
 July 8–Aug 5
 2pm–2:45pm
 Wed

 Green House Field
 Instructor: Brent Botkin

Mini Major Leaguers

It's time to 'T' it up with tee-ball for boys and girls! The goal of this program is to develop hand eye coordination by teaching the players basic skills for hitting and catching and running the bases! Participants will experience team building and social interaction while having fun with the sport of baseball. Children must bring their own glove.

 Age: 3Y–5Y
 Fee: \$49 / RD \$42
 Classes: 5

 17949
 July 8–Aug 5
 3pm–3:45pm
 Wed

 Green House Field
 Instructor: Brent Botkin





Tot Soccer

Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by the second class. Participant-to-coach ratio is 8:1. Every participant will receive a Kidz Love Soccer jersey!

 Age: 3Y–4Y
 Fee: \$101 / RD \$96
 Classes: 8

 17925
 July 9–Aug 27
 4:40pm–5:10pm
 Thur

 Green House Field
 Instructor: Kidz Love Soccer, PNW

Pre-Soccer

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second class. Participant-to-coach ratio is 9:1. Every participant will receive a Kidz Love Soccer jersey!

Age: 4Y–5Y Fee: \$101 / RD \$96 Classes: 8

17926 July 9–Aug 27 5:10pm–5:45pm Thur

Green House Field Instructor: Kidz Love Soccer, PNW

SWIM

Beginning Semi-Private Swim Lessons

Semi- Private swimming lessons are a great way to accelerate learning and accomplish goals in a focused way. Get more out of your swimming experience. There will be no more than 5 students per class. Class will cover water comfort, blowing bubbles, bobs, tummy float, gliding, kicking, back float, rolling back to front, and safety.

 Age: 5Y and up
 Fee: \$79 / RD \$75
 Classes: 6

 17899
 July 7–23
 4pm–4:30pm
 Tue, Thur

 17900
 July 28–Aug 13
 4pm–4:30pm
 Tue, Thur

 17901
 Aug 18–Sept 3
 4pm–4:30pm
 Tue, Thur

 Highline Club Pool

Instr: Highline Athletic Club

Intermediate Semi-Private Swim Lessons

Semi- Private swimming lessons are a great way to accelerate learning and accomplish goals in a focused way. Get more out of your swimming experience. There will be no more than 5 students per class. Class will cover freestyle, backstroke, breaststrokes, and safety.

 Age: 5Y and up
 Fee: \$79 / RD \$75
 Classes: 6

 17902
 July 7–23
 4:30pm–5pm
 Tue, Thur

 17903
 July 28–Aug 13
 4:30pm–5pm
 Tue, Thur

 17904
 Aug 18–Sept 3
 4:30pm–5pm
 Tue, Thur

 Highline Club Pool

Instr: Highline Athletic Club

DANCE

Pre-Ballet

Calling all little ballerinas. Learn ballet through creative movement and games to classical music. Students will learn rhythm, flexibility, ballet vocabulary and basic positions while focusing on being expressive through their movement and imagination. Dress code: leotards, tights or leggings and leather bottom ballet shoes.

 Age: 3Y–4Y
 Fee: \$54/RD \$48
 Classes: 7

 17889
 July 9–Aug 20
 4:30–5:15pm
 Thur

 BCC Manhattan Room
 Instructor: New City Dance Co

Ballet/Tap

Can't decide between ballet or tap? Why not try both? Students will have fun exploring the gracefulness of ballet and the upbeat rhythm of tap. Dress code: leotards, tights or leggings, tap shoes and leather bottom ballet shoes.

 Age: 3Y–5Y
 Fee: \$54 / RD \$48
 Classes: 7

 17891
 July 8–Aug 19
 4:30–5:15pm
 Wed

 BCC Manhattan Room
 Instructor: New City Dance Co

YOUTH PARENT ATTENDANCE POLICY

For most youth classes, parents are encouraged to attend the first day of class unless otherwise stated in the class description. Parents are discouraged from attending all other classes so that their child can completely focus on the class content.





YOUTH ART

LEGO Camp

Calling all LEGO fans! Join us for awesome fun as a professional LEGO artist teaches topics such as use of color, adding architectural details, and building sturdy models. In addition to having a ton of fun, students will develop problem solving skills, learn to collaborate as a team, and gain the confidence that comes from harnessing their creativity. All supplies provided.

 Age: 6Y-14Y
 Fee: \$112 / RD \$106
 Classes: 5

 17765
 July 6-10
 1pm-3pm
 Mon-Fri

MAC Multipurpose Room Instructor: Lucas Bonnema

Creative Critters in Clay

Bring critters to life through clay sculpture! We will be handbuilding a menagerie of animals both real and imagined and the worlds they live in. What types of animals will you create and what environments do they live in? Squish, pinch, roll, stamp and then paint your work with colorful underglazes. All supplies included.

 Age: 7Y-11Y
 Fee: \$114 / RD \$108
 Classes: 6

 17758
 July 14-Aug 18
 5pm-7pm
 Tue

 MAC Handbuilding Room
 Instructor: Oleana Perry

Art Lab: Mixing it Up

What will we mix up today? What about some oil pastels with acrylic paint or watercolor with salt? Whatever it is, we'll have fun this summer learning a new medium and technique every day. All supplies included.

 Age: 6Y–11Y
 Fee: \$96 / RD \$92
 Classes: 5

 17763
 July 13–17
 1pm–3pm
 Mon–Fri

 MAC Multipurpose Room
 Instructor: Oleana Perry

Clay in Space Camp

Houston, we have an art project! From aliens to comets to spaceships to UFOs, if you love space this class is for you. Bring your imagination and we will create out of this world clay pieces. All supplies included.

 Age: 6Y–11Y
 Fee: \$96 / RD \$92
 Classes: 5

 17760
 July 20–24
 10am–12pm
 Mon–Fri

 MAC Multipurpose Room
 Instructor: Oleana Perry

Food Frenzy in Clay Camp

NEW Start with the main course or go straight to dessert, create all your favorite foods in clay! Students will start by making their very own dishes and then top them off with their favorite foods. All supplies included.

 Age: 6Y-11Y
 Fee: \$96 / RD \$92
 Classes: 5

 17759
 July 20-24
 1pm-3pm
 Mon-Fri

 MAC Multipurpose Room
 Instructor: Oleana Perry

DANCE

Ballet II

Students will work on skills learned in Ballet I and will continue to learn advanced skills. Dress code: leotards, tights or leggings and leather bottom ballet shoes. Prerequisite: completion of one or more sessions of Ballet I or Instructor's permission.

 Age: 6Y–9Y
 Fee: \$54 / RD \$48
 Classes: 7

 17912
 July 9–Aug 20
 5:20–6:05pm
 Thur

 BCC Manhattan Room
 Instructor: New City Dance Co

Intro to Break Dance

This high-energy form of self expression helps develop rhythm, athleticism and body control. Time during each class will be allotted for structured learning of techniques and free form presentation of movements.

 Age: 5Y–10Y
 Fee: \$46 / RD \$40
 Classes: 5

 17915
 June 29–July 27
 6pm–6:45pm
 Mon

 17916
 Aug 3–31
 6pm–6:45pm
 Mon

 BCC Hilltop Room
 Instructor: Sammy Tekle

SCHOLARSHIPS AVAILABLE

Scholarships are available.
Please call 206.988.3700 for more information.



SPORTS CAMPS

Skyhawks Purpose: TEACHING LIFE SKILLS THROUGH SPORTS.

Skyhawks Sports youth sports camps are committed to providing a Safe, Fun, and Skill-focused experience for kids between the ages of 3 and 12. We are a national youth sports camp company with local camps in over 500 communities. Our progression of camps and programs, led by our expert staff, are geared toward youth looking for a sport introduction or those who want to refine and master their sport-specific skills.

Scholarships are available by contacting Skyhawks directly @ 1.800.804.3509.

Multi-Sport Camp

Skyhawk multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Children age 7-12 years will learn the rules and essential skills of each sport (soccer, baseball, & flag football).

Age: 7Y–12Y	Fee: \$152 / RD \$145	Classes: 5
17928 July 6–10	9am-3pm	Mon-Fri
Chelsea Park Baseball Fi	ield Instructor: Sk	yhawks Staff

Beginning Golf Camp

Campers will learn the fundamentals of swinging, putting, and body positioning. Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Age: 51–91	ree: \$114 / KD \$109	Classes: 5
17929 July 20-24	9am-12pm	Mon-Fri
Chelsea Park Soccer Fiel	d Instructor: Sky	hawks Staff

Egg. \$114 / DD \$100

Lacrosse

Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. Equipment included.

Age: 7Y–12Y	Fee: \$135 / RD \$129	Classes: 5
17930 July 13–17	9am-12pm	Mon-Fri
Chelsea Park Soccer Fiel	d Instructor: Sk	vhawks Staff

Volleyball Camp

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Age: 7Y–12Y	Fee: \$114 /RD \$109	Classes: 5
17933 Aug 3–7	9am-12pm	Mon-Fri
Sylvester Middle Scho	ool Gym Instr: Sk	yhawks Staff

SPORTS

Soccer 1: Techniques & Teamwork

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required by the second class. Participant-to-coach ratio is 10:1. Every participant will receive a Kidz Love Soccer jersey!

 Age: 5Y-6Y
 Fee: \$101 / RD \$96
 Classes: 8

 17922
 July 9-Aug 27
 5:45pm-6:30pm
 Thur

Green House Field Instructor: Kidz Love Soccer, PNW

Soccer 2: Skillz & Scrimmages

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. In each class, we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 class for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport! Shin guards are required. Every participant will receive a Kidz Love Soccer jersey!

 Age: 7Y–10Y
 Fee: \$101 / RD \$96
 Classes: 8

 17923
 July 9–Aug 27
 6:30pm–7:15pm
 Thur

 Green House Field
 Instructor: Kidz Love Soccer, PNW

Soccer 3: Match Play

Come join Kidz Love Soccer for some intense soccer fun! Each week we will focus on the fun and fast-paced action of non-competitive match play. Teams are formed at each class meeting and vary from week to week encouraging players to develop individually in a variety of positions with a variety of different teammates. Everyone plays and everyone wins! Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

Age: 10Y–12Y Fee: \$101 / RD \$96 Classes: 8

17924 July 9–Aug 27 7:15pm–8:15pm Thur

Green House Field Instructor: Kidz Love Soccer, PNW

SCHOLARSHIPS AVAILABLE

Scholarships are available.
Please call 206.988.3700 for more information.

Ago, EV OV



SPORTS

Youth Tennis

This class is for beginner to **NEW GREAT DEAL!** intermediate levels. Strong

focus on development of hand eye coordination, sending and receiving the ball, sportsmanship and fun. No prior experience necessary.

Age: 91	-13Y	ree: \$47 / KD \$41	Classes: 4
17917	July 7–28	6pm-7pm	Tue
17940	Aug 11–Sept 1	6pm-7pm	Tue
Lake Bu	ırien Park Tennis	Courts Instructor: S	Stefan Green

Introduction to **Ultimate Frisbee!**

Learn how to play Ultimate with an experienced USAU certified youth coach. No experience necessary. Instruction includes basic throws, catching techniques, rules explanation and skills development games. This is a great opportunity to learn and enjoy this rapidly growing sport. Participants should wear soccer style clothing, inclement weather gear and bring a water bottle. Soccer shoes recommended, but not required.

Age: 8Y	–12Y	Fee: \$63 / RD \$55	Classes: 6
17942	July 17–Aug 2	l 6:30pm-8pm	Fri
Lake Bu	ırien Park	Instructor:	Paul Illian

SUMMER YOUTH OUTDOOR PROGRAMS

YOUTH SUSTAINABILITY CAMP

Participants will learn about nature through outdoor activities, and then learn the ways that they can protect nature and live sustainably with it. We use a solar oven to make our snacks, make a tote-bag from an old t-shirt, play the endangered species treasure hunt, play the pollution prevention track activity and perform many hands on science experiments.

Age: 7Y-11Y Fee: \$160 / RD \$150 Classes: 5 17921 Aug 10-14 9am-3pm Mon-Fri Dottie Harper House Instr: Rose Defawe Eppers

BIO: Rose is an incredibly creative and passionate environmental educator who never seems to run out of great ideas for how to communicate the importance of environmental stewardship to people of all ages. Rose's credentials include an M.S. in Aquatic Microbiology and 15 years of experience working in a variety of environmental science positions. She has continued the popular sustainability based youth summer camps since 2009 through Earthright Insight to share her knowledge and appreciation for the natural environment.



Burien Area Youth Sports

Baseball & Softball

PAC WEST LITTLE LEAGUE

Ages: 4-18 yrs • March-June and Fall www.pacwestlittleleague.com • 206.243.9229

TEE-BALL AND COACH PITCH LEAGUES

Des Moines Parks and Recreation Ages: 3-5 yrs for Tee-Ball: 6-8 yrs for Coach Pitch • January-May www.desmoineswa.gov • 206.870.6527

Basketball

YOUTH BASKETBALL LEAGUES

Des Moines Parks and Recreation Grades: 5-6 boys: 7-8 boys and (separate) girls; 9–10 boys • December–February www.desmoineswa.gov • 206.870.6527

Full Teen Hoops

SOUTHWEST BOYS & GIRLS CLUB

Grades: 7-12 • Spring Register as a player or a team www.sw.positiveplace.org • 206.436.1910

Football & Cheerleading

BURIEN BEARCATS

Ages: 7-14 vrs • Spring

www.burienbearcats.org • 206.824.4018

PUGET SOUND LANCERS

Grades: 1st-8th, Kindergarteners can play if they play up with 1st & 2nd graders • Aug-Nov www.leaguelineup.com/pugetsoundlancers/ 253 777 5243

Lacrosse

SOUTHWEST TITAN LACROSSE CLUB

Grades: 3-6 boys; 5-6 girls; 7-8 boys & (separate) girls; 9-12 girls and boys (separate) • March-May www.swlacrosseclub.org

Soccer for Players with Disabilities

TOPSOCCER

Ages: For boys/girls age 4 yrs and up and men/women with cognitive and/or physical disabilities. Games played at Starfire Sports facility in Tukwila korrio.com/groups/tukwila-topsoccer

Soccer

HIGHLINE SOCCER CLUB (FORMERLY WEST HIGHLINE SOCCER)

Ages: 5-18 yrs. 7 to U19 • Sept-late Fall www.highlinesoccerclub.com

YOUTH SOCCER

Des Moines Parks and Recreation Ages: 3-5 yrs co-ed; 6-7 yrs co-ed; 8-9 yrs and 10-11 yrs boys or girls • Spring www.desmoineswa.gov • 206.870.6527

HIGHLINE SPRING SOCCER CLUB

Ages: 5-12 yrs • Spring www.highlinesoccerclub.com

HIGHLINE PREMIERE FOOTBALL CLUB

Ages: U8, U9, and U10

For players looking for higher competitive levels • August-September www.highlinepremiere.com

YOUTH SUMMER DAY CAMPS COMPS COMPS COMPS TO SERVE THE SUMMER DAY CAMPS TO SERVE THE SERVE THE SUMMER DAY CAMPS TO SERVE THE SERVE THE SUMMER DAY CAMPS TO SERVE THE S



Youth entering grades 1st -5th

Camp Hours 6:30am-6:00pm • Fee Per Week \$146 / RD \$139

Our camp covers a great mixture of fun activities for everyone! Campers can sign up for 1 week or spend all summer with us.

Each camper receives a Camp CRAZ t-shirt.

Snack will be provided. Campers are responsible for bringing their own lunch.



WK	Date	Theme	Field Trips	Barcode
1	June 22–26	Be Our Guest	Pacific Science Center	17658
2	June 29—July 2* No camp 7/3	Reflection	Henry Moses Aquatic Center	17659
3	July 6-10	Circle of Life	Woodland Park Zoo	17660
4	July 13-17	You Can Fly	Museum of Flight	17661
5	July 20-24	Zip-a-Dee-Doo-Dah	Enchanted Village (Wild Waves)	17662
6	July 27-31	Under the Sea	Seattle Aquarium	17663
7	Aug 3–7	Give a Little Whistle	Experience Music Project (EMP)	17664
8	Aug 10-14	Let It Go	Highland Ice Arena	17665
9	Aug 17–21	Jolly Holiday	Family Fun Center	17666
10	Aug 24–28	A Whole New World	Wild Waves	17667
11	Aug 31–Sept 2*	You've Got a Friend	Ride the Duck	17680

This is a general schedule of activities. All activities are subject to change without notice. *Only partial week offered. Week 2: \$136 / RD \$130 • Week 11: \$126 / RD \$120







REGISTRATION INFORMATION

Camp Craz & Summer Teen Scene



Campers may register for camp up until the Monday of that camp week if there is space available. The first two weeks

of camp, payment in full is due at the time of registration. **Scholarship approval is required prior to registration.** Space is limited to 60 campers per week for Camp Craz and 36 for STS.

Fee

Weekly session fee is \$146 / RD \$139

One-time registration fee per participant of \$30 / RD \$25 due at time of registration

Scheduled Payments

If you are registering for 3 or more weeks and not able to pay for your child's camp in full at the time of registration, you can schedule your camp payments by completing a Pre-Authorized Charge Form. Each week of camp requires a \$20 non-refundable non-transferable deposit, per participant at the time of registration which will be applied towards final payment due for each week. Once camp begins, the balance of your weekly camp fee will automatically be processed on the Monday one week prior to your child's camp week.

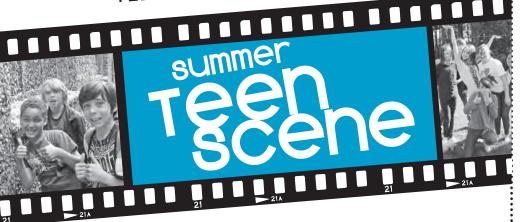
Credit Card Declines

A NSF fee of \$25 will be charged to your account if your card is declined for any reason. If remainder of that camp weekly fee and the NSF charge isn't paid in full by 5:00PM on the following Tuesday one week prior to the camp week, the \$20 deposit is forfeited and camp participant will be withdrawn from that week of camp.

Refund

Camp deposits are non-refundable non-transferable; if full fees have been paid; a refund less the \$20 deposit and the \$5 processing fee will be issued, if notice is received by filling out a refund request form 10 or more days prior to the start of the camp week. If less than 10 days will be charged 50% of the total week fee, per participant.

TEEN SUMMER DAY CAMPS



Teens entering grades 6th-9th

Camp Hours 6:30am-6:00pm • Fee Per Week \$146 / RD \$139

Looking for something fun to do this summer? Join us for 11 weeks packed with games, activities, and trips! Sign up for 1 week or spend all summer with us. The teens will be adventuring out on daily field trips, learning leadership skills and making lasting friendships.

WK	Date	Theme	Field Trips	Barcode
1	June 22–26	Back to the Future	Laser Tag, Family Fun Center, Taste of Tacoma	17669
2	June 29—July 2* No camp 7/3	E.T.	Woodland Park Zoo, Pacific Science Center, Coulon Beach	17670
3	July 6–10	Ghostbusters	Seattle Underground Tour, Renton Pool, Pike Place Scavenger Hunt	17671
4	July 13–17	Honey I Shrunk the Kids	Overnight Camping trip to Lake Chelan & Slide Waters, Bite of Seattle	17672
5	July 20-24	Karate Kid	Chinatown Tour & Lunch, Trampoline Nation, Japanese Garden	17673
6	July 27-31	Star Wars	EMP, Hydroplane Museum, Seafair	17674
7	Aug 3–7	Princess Bride	Ride the Duck, Crystal Mtn Gondola, Golden Gardens Park	17675
8	Aug 10–14	Indiana Jones	Indoor Rock Climbing, Wild Waves, Snoqualmie Tunnel	17676
9	Aug 17-21	Neverending Story	Pt. Defiance Zoo, Gasworks Park, Wild Waves	17677
10	Aug 24–28	Goonies	Overnight Camping trip to Ocean Shores & Horseback Riding	17678
11	Aug 31–Sept 2*	Summer Blockbuster	BBQ @ Seahurst Beach & Movie	17717

This is a general schedule of activities. All activities are subject to change without notice.

Teen



ART

Teen Wheel Week

Learn how to use a pottery wheel!
Students will learn how to center,
expand, collar, and trim clay on a wheel.
The teacher will demonstrate and assist in
the making of cups, mugs, plates, and
bowls. No experience necessary.
All supplies are included.

 Age: 11Y–15Y
 Fee: \$121 / RD \$115
 Classes: 5

 17784
 July 6–10
 1pm–4pm
 Mon–Fri

 MAC Throwing Room
 Instructor: Rachael Swanstrom



^{*}Only partial week offered. Week 2: \$136 / RD \$130 • Week 11: \$126 / RD \$120









FREE LIBRARY KIDS' PERFORMANCES

Burien Library

400 SW 152nd St. ★ www.kcls.org/burien ★ 206.243.3490

June 23

Animal Heroes Music Show

Tuesday, 11:00am Charlie Hope—for Preschoolers

June 29

How to Fool a Dragon (And Save the World) Show

Monday, 11:00am Eric Ode—Ages 3 and up

June 30

Bug Boy & Molecule Girl: Heroes of the Micro World Concert

Tuesday, 11:00am Mikey Gervais—Family program —All ages

July 7

Flying Fools and Daring Dreamers

Tuesday, 11:00am The Whitman Tellers —Family program—All ages

July 9

Using the Force Science Workshop

Thursday, 1pm and repeated at 3pm Pacific Science Center's Science on Wheels—Ages 4-8 Sponsored by Burien Library Guild

July 14

Hats off to Heroes Concert

Tuesday, 11:00am Nancy Stewart Family program / All ages

July 15 Registration Required

Rockets to the Moon Science Workshop

Wednesday, 6:30pm The Museum of Flight- ages 8-12 Sponsored by Burien Library Guild

July 21

Funny Folktales from Around the World Show

Tuesday, 11:00am Chris Fascione—Ages 5 and older. Sponsored by Burien Library Guild

July 24 or 31

Registration Required

Robotics Workshop for Children

Fridays, 2:00pm Raisbeck Aviation High School Robotics Team—Ages 6-12

July 25

The Human Body Recipe Science Workshop

Saturday, 11:00am Witty Scientists—Ages 6-12 Sponsored by Burien Library Guild

July 28

The Backyard Heroes Puppet Show

Tuesday, 11:00am
Presented by KC Puppetree
—Ages 3 and older
Sponsored by Burien Library Guild

July 29

Super Cars

Wednesday, 6:30pm KidsQuest Children's Museum —Ages 5-7

July 30

Make a Super Silly Super Hero Puppet Workshop

Thursday, 1:00pm Cheryl Hadley —Ages 8-12 Sponsored by Burien Library Guild

August 4 and 11

Adventures with a Community Hero

Tuesday, 11:00am Meet a local policeman & firefighter Family program—All ages

August 5

Registration Required

Catapults Science Workshop

Wednesday, 4:30pm or 6:30pm Pacific Science Center's Science on Wheels—Ages 8-12 Sponsored by Burien Library Guild

Boulevard Park Library

12015 Roseberg Ave S. www.kcls.org/boulevardpark 206.242.8662

June 24

Registration Required

Everyday Heroes

Science Workshop

Wednesday, 6:30pm
The Museum of Flight—Ages 8-12

July 1

Professor Ficklestein's Physics Power Show

Wednesday, 6:30 pm Bill Robison—Ages 8-12

July 11

Super Hero Sagas

Saturday, 1 pm Bricks4Kidz—Ages 5-12

July 18

Registration Required

Super Cars

Saturday, 1 pm KidsQuest Children's Museum —Ages 5-7

July 25

Make a Super Silly Super Hero Puppet Workshop

Saturday, 1pm Cheryl Hadley —Ages 8-12

July 29

Bug Boy & Molecule Girl: Heroes of the Micro-World Concert

Wednesday, 6:30 pm Mikey Gervais- family program —All ages

August 1

Registration Required

Super Hero Suits

Saturday, 1 pm KidsQuest Children's Museum —Ages 8-12

Specialized Recreation



TENNIS

Specialized Tennis

This class will focus on development of hand eye coordination, sending and receiving the ball, sportsmanship and fun. An environment that focuses on camaraderie, self-esteem, physical fitness, discipline and good sportsmanship. This class is designed for people with developmental and physical disabilities.

Age: 16Y-35Y Fee: \$47 / RD \$41 Classes: 4 17941 July 7-28 Tue 10am-11am

Lake Burien Park Tennis Courts Instructor: Stefan Green

ART

LOL: Just For Fun

What makes YOU Laugh Out Loud? Let's find out. Pass a clap, kick a ball, float a parachute, tell a joke, juggle scarves, make funny faces, play games....what we come up with is EVERYBODY'S guess. We are full of surprises!

Age: 12Y and up		Fee: \$44 / RD \$42	Classes: 6
17755	July 28–Sept 1	1:30pm-3pm	Tue
RCC Lak	review Room	Instructor: Shar	iana Mundi

Art Escape

A great class for beginners and experienced artists with disABILITIES. Explore the basic building blocks of art through paint, clay, collage and more! Using both two and three dimensional media we will explore line, form, color, shape and texture. All supplies provided.

MAC Multinurnose	Doom	Instructor: Sha	oriana Mundi
17751 July 29-S	ept 2	10am-12pm	Wed
Age: 10Y and up	Fe	e: \$63 / RD \$60	Classes: 6

Rhythm & Rhyme

Come play with us as we dance, move, sing chant, rattle and roll. This class is designed to specifically target people with alter-, different-, untapped-, and dis-ABILITIES. We'll rock the house!

Age: 10Y and up) Fe	e: \$42 / RD \$39	Classes: 6
17752 July 29	Sept 2	1:30pm-3pm	Wed
MAC Multipurp	ose Room	Instructor: Sha	riana Mundi

Studio Art

At last, a great open studio class for students with disABILITIES. Come and work on your own art ideas with mentoring and coaching to help further develop your skills and your portfolio. Create personalized framing and complete projects for exhibitions and juried show. Instructor approval needed. Please bring a lunch. All supplies provided.

Age: 12Y and up	Fee: \$129 / RD \$123	Classes: 6
17757 July 30–Sept	3 10am-2pm	Thur
MAC Multipurpose Roo	m Instructor: Sh	ariana Mundi

Lantern Workshop

It's your year to shine in the PARADE!!!!

With Burien's famous Arts-A-Glow just around the corner, it's time to make your own designer lantern so you will be ready to join the luminous parade on Sept 12. All materials will be provided....come and create your own magical glow!

Age: 13Y–35Y	Fee: \$17 / KD \$15	Classes: 1
17964 Aug 21	10am-12pm	Fri
MAC Multipurpose Rooi	m Instructor: Sha	ariana Mundi

SCHOLARSHIPS AVAILABLE

Scholarships are available. Please call 206.988.3700 for more information.



Social Clubs... Play & Learn... Specialized Recreation continued on next page ▶▶



PLAY & LEARN

DROP-IN PLAY TIME for parents, families and children ages 6 months to 5 years. A great way to meet other families with young children.

Age: 6 months to 5 years • Free • Tuesdays, 10:00am-11:30am



SKIP Early Intervention 127 SW 156th St, Burien 253.216.0720

Participant Info

Inclusion As with all programs Burien Parks, Recreation and Cultural Services provides, Special Recreation programs are inclusive for anyone interested in participating in these classes.

Behavior Policy In order to provide a successful experience for all participants, please note the following:

Participants must be able to function in a group environment with limited supervision.

- If closer supervision is needed, a caregiver or chaperone is welcome to accompany the participant at no cost.
 If there is an admission fee into a venue, caregiver/chaperone would need to pay the admission cost.
- Unacceptable behaviors include but aren't limited to self abuse, physical or verbal abuse towards others, violent behaviors, profanity, and constant unwillingness to participate in activities.
- Non compliance may result in requirement of caregiver accompaniment or possible dismissal from activities.

Attendant Staffing

(1:1, Aides, Chaperones, Care Providers)
Burien Parks staff provides leadership for our programs and staff ratios will depend on individual programs. We cannot provide attendant care, such as assistance using restrooms, personal transfers, eating, or dispensing medications. A participant's own attendant may accompany him/her if this type of assistance is needed.

Summer Socials

Keep socializing through the summer! Enjoy an evening of fun, food, games and friends.

Ages: 13-25 years • Fridays, 5:00-7:00pm • \$10.00

#17934 // July 10: Dinner & Movie #17935 // Aug 14: Wii Sports

All socials will be held at the Burien Community Center.

** Must pre-register for these socials. **

TOPSoccer

The Outreach Program for Soccer (TOPSoccer) is a community-based soccer program for boys and girls and men and women, aged 4 years and older, who have a cognitive and/or physical disability. The program is based on skill level, not age, and participants include players, coaches, and buddy-volunteers who are paired with each player to assist with the game. TOPSoccer creates an environment where all participants make lasting memories and simply have fun with the game! Games played at Starfire Sports facility in Tukwila.

korrio.com/groups/tukwila-topsoccer/

Free Transportation

Burien HYDE Shuttle Bus:

Available weekdays for personal trips to doctor, shopping, and other errands. 206.727.6262

Metro Bus Access: A shared-ride van transportation service for seniors or disabled individuals who are unable to ride regular Metro buses. 206.205.5001 or 206.689.3113

Volunteer Opportunities:

Looking for volunteers to help with the Social Clubs. If you are interested contact Amanda Morales at <u>amandam@burienwa.gov</u> or 206.988.3711



Globe Lanterns

These lanterns are as simple and fun to make as they are beautiful! Come to this family friendly lantern class and learn how to use a balloon to create the shape with paper, and then add color and detail with the final layer. Lanterns will be completed in this 2 hour class, but students will need to pick them up after they dry. Children under 10 must be accompanied by an adult. Price is per person. All supplies provided

Fee: \$20 / RD \$19 Classes: 1 Age: 4Y and up 17803 Aug 18 5pm-7pm Tue MAC Multipurpose Room Instr: Yon Lemieux

Lantern Making for Glow Volunteers

Prepare for the Glow as you learn how to create two different lantern styles during this fun workshop! Participants will get to keep the lanterns they make, and will also be able to help prep materials for the Arts-A-Glow festival! This class is free for anyone who will volunteer at Arts-A-Glow, Burien's Community Lantern Festival, the evening of 9/12.

Age: 13Y and up Classes: 1 17804 Aug 22 1pm-4pm Sat Instr: Yon Lemieux MAC Multipurpose Room

Illuminating Lanterns for Families

Come to this family friendly lantern class and learn how to make a variety of lanterns and then make a lantern to take home! Three different lanterns will be demonstrated, each with a different level of difficulty, so that a wide age range can find success...from child through adult. Price is per person. Children under 10 must be accompanied by an adult! All supplies provided.

Fee: \$20 / RD \$19 Classes: 1 Age: 6Y and up 17802 Aug 25 5pm-7pm Instr: Yon Lemieux MAC Multipurpose Room



Free Art Workshops!

Moshier Community Art Center 430 S. 156th, Burien

Brought to you by Dave Waddell, Art Chemical Hazards Project Coordinator, Local Hazardous Waste Management **Program in King County**

Pottery Artists & Hidden **Hazards in the Studio**

Tuesday • July 7 • 7:00-8:30pm

Learn how to safely use and dispose of glazes and other products, reduce toxic dust and other hazards to you and your family and provide proper ventilation in your studio. Also learn how to get reimbursed for 50% up to \$500 for protective equipment, safer art materials or disposal.

Painting, Encaustic & **Pastels: Hidden Hazards** in the Art Studio

Tuesday • July 28 • 7:00-8:30pm

Learn how to safely use and dispose of paints, pigments, solvents and rags; select safer alternatives to spray fixatives and adhesives, and provide proper ventilation in your studio. Also learn how to get reimbursed for 50% up to \$500 for protective equipment, safer art materials or disposal.

Registration at 206-988-3700 or online at www.BurienParks.net

No charge for workshops, but space is limited. Light refreshments and free safety products provided.

Clay Class Information:

- Class and Studio Only fees include firing fees. Please remember that MAC does not have the space to allow for production pottery. Extra firing fees will be assessed if kiln space is being overused.
- 2. Students are responsible for purchasing their own clay and tools unless otherwise noted.
- 3. Orders for supplies will be taken at the first class and must be accompanied by a check. Some clay also available for purchase at Moshier.
- 4. Open Studio: students enrolling in classes marked by a are encouraged to use MAC's free open studio times. These times can be used while the class you are enrolled in is in session. Mondays: 12–3:30pm, Tuesdays: 12–3:30pm, Wednesdays: 9:30am–9pm, Saturdays: 10am–3:00pm.





CERAMICS

Beginning to Advanced • Ceramics

A relaxed class environment where students of all skill levels can delve into handbuilding or throwing on the potters wheel. Class will offer individual attention for beginning students and demonstrations for more advanced students. Fee includes glazes and firing.

 Age: 15Y and up
 Fee: \$137 / RD \$130
 Classes: 6

 17748
 July 13-Aug 17
 9:30am-12pm
 Mon

MAC Throwing Room Instructor: Alec Davis



Pottery Wheel Boot Camp

Shape up your skills in this 6 week intensive wheel class! Start out the first 3 weeks with Vicki Hamilton as you challenge yourself to throw a better pot and fine tune your skills. During the second 3 weeks, John Taylor will demonstrate finishing techniques from trimming to glazing. Some experience on the wheel needed.

Age: 15Y and up Fee: \$164 / RD \$156 Classes: 6

17745 July 16-Aug 20 6pm-9pm Thur

MAC Throwing Room Instructors: Victoria Hamilton
& John Taylor

Beginning to Advanced Handbuilding

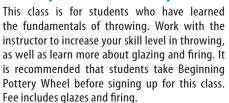
Learn handbuilding construction techniques such as coil and slab methods as well as experiment with surface design and using the potters wheel. For all experience levels. Fee includes glazes and firing.

 Age: 15Y and up
 Fee: \$137 / RD \$130
 Classes: 6

 17746
 July 15-Aug 19
 6:30pm-9pm
 Wed

 MAC Handbuilding Room
 Instructor: John Taylor

Pottery Wheel: Monday PM



Age: 15Y and up Fee: \$164 / RD \$157 Classes: 6

17744 July 13–Aug 17 6pm–9pm Mon

MAC Throwing Room Instructor: Victoria Hamilton

Pottery Wheel: Tuesday AM

This class is for students who have learned the fundamentals of throwing. Work with the instructor to increase your skill level in throwing, as well as learn more about glazing and firing. It is recommended that students take Beginning Pottery Wheel before signing up for this class. Fee includes glazes and firing.

 Age: 15Y and up
 Fee: \$137 / RD \$130
 Classes: 6

 17747
 July 14-Aug 18
 9:30am-12pm
 Tue

 MAC Throwing Room
 Instructor: Drew Nicklas

SCHOLARSHIPS AVAILABLE

Scholarships are available.
Please call 206.988.3700 for more information.

Adult Enrichment



COMPUTERS 50+

Digital Photos: Your Camera & Computer

Bring your digital camera and cable and we will explain all of those buttons and symbols and how they can help you take better photos. Then we will break down how to upload them to the computer, quickly edit them, and publish them to the internet or email them to your family. Bring your digital camera, cables and laptop, if you have them.

Age: 50Y and up	Fee: \$35 / MD \$26	Classes: 1
17827 July 10	9:30am-12:30pm	Fri
BCC Chelsea Room	Instructor: John M	lcLaughlin

Smart Device: Phones & Tablets

Don't feel outsmarted by your smart device. Bring your phone or tablet to the computer lab and learn the gestures that will put you in control. Also learn about several applications (apps) that will help you get the best from your device.

Age: 50Y and up	Fee: \$35 / MD \$26	Classes: 1
17828 July 17	9:30am-12pm	Fri
BCC Chelsea Room	Instructor: John	McLaughlin

eBay for Beginners

Learn how to buy and sell on eBay. We will do hands-on surfing to learn how auctions work and how to get started. This class is geared toward those who are unfamiliar with how eBay works. Bring your laptop, if you have one.

Age: 50Y and up	Fee: \$35 / MD \$26	Classes: 1
17830 July 24 7	10am-12pm	Fri
BCC Chelsea Room	Instructor: Johr	n McLaughlin

Computer 101

If you are a new computer user this is the class for you! We will focus on making the vocabulary of the PC (Personal Computer) understandable, and learning how to be comfortable interfacing with the computer through customization of everything about its look and feel. Bring your laptop, if you have one.

Age: 50Y and up	Fee: \$35 / MD \$26	Classes: 1
17826 Aug 7	9:30am-12pm	Fri
BCC Chelsea Room	Instructor: John	McLaughlin

Intermediate Computers

We will pick up where Computer 101 left off. This class will help you become more familiar with features of the computer that make everyday tasks easier. Part of the class time will also be dedicated to individual questions. Bring your laptop, if you have one.

17831 Aug 14	9:30am-12pm	Fri
BCC Chelsea Room	Instructor: John	



FREE CPR CLASSES

- Curriculum is American Heart Association
 "Friends and Family CPR"
- Covers adult, child and infant CPR, choking and AED use
- Taught by AHA Certified Burien Firefighters

Note: This class is NOT for those needing a healthcare provider certification (BLS for HCP).

Burien-Normandy Park Fire Department

15100 8th Ave SW Burien

Pre-registration required 206.242.2040 CPR-info@burienfire.org

FREE DROP-IN BLOOD PRESSURE TESTING

Mondays, Wednesdays & Thursdays, 9am – 4pm

- No pre-registration necessary
- Available at Fire Station 15100 8th Ave SW Burien

Adult Enrichment



DANCE

Advanced Ballroom Dance

This class is for those who have mastered previous classes and would like more advanced steps and good technique for movement skills. Builds on skills learned in earlier levels adding more detailed lead/follow instruction and style. Teachers permission is required for this class.

Age: 16Y and up Fee: \$72 / RD \$66 Classes: 6

17870 July 14—Aug 18 7pm—8pm Tue

BCC Seahurst Banquet Hall Instructor: Jacob Matthew

Salsa

Learn the basic foot patterns and turns of this sensual, steamy and easy-to-learn dance. With its Latin and Afro-Cuban roots, slinky body movement, and variety of patterns, it's no wonder this is popular and HOT! HOT!

Age: 16Y and up Fee:\$72 / RD \$66 Classes: 6

17853 July 14—Aug 18 6pm—7pm Classes: 6 Tue
BCC Seahurst Banquet Hall Instructor: Jacob Matthew

S10.00 DISCOUNT

ON ANY DANCE OR FITNESS CLASS!

(for those 50+)

This coupon is good for ANY dance or fitness class for participants who are 50 years or older and are new to that class or haven't participated in a dance or fitness class in the last 3 months.



SCHOLARSHIPS AVAILABLE

Scholarships are available.
Please call 206.988.3700 for more information.

HEALTH & WELLNESS



In partnership with the King County Library System

Qigong at the Beach

Saturday, August 22, 10am

Seahurst Park, 1600 SW Seahurst Dr, Burien

Enjoy a morning of qigong by the beach at Seahurst Park with Sifu Viola Brumbaugh, head instructor at Wise Orchid Martial Arts. Qigong is an ancient method of energy training that combines simple stretching sequences with posture holding. The emphasis will be on body alignment and relaxation.

In partnership with Burien Parks, Recreation and Cultural Services. Sponsored by the Burien Library Guild.

Beginning Jewelry Soldering

Saturday, June 6, 1pm • Burien Library Learn the basics of silver soldering using a small hand torch with jewelry artist and designer **Richard Paille**. Become familiar with the tools, chemicals and processes jewelry makers use to solder precious and non-precious metals. Registration required.

Make Wax Models for Lost Wax Casting

Saturday, July 11, 1pm • Burien Library

Many professionals send out their waxes for casting because it's easy and cost effective. Using simple tools, jewelry artist and designer Richard Paille will show you how you can make wax models and have them cast inexpensively in any metal. Registration required.

Bezel Making for Jewelry

Saturday, July 18, 1pm • Burien Library

Jewelry artist and designer **Richard Paille** will show you how to make any shape bezel for cabs

or faceted stones. Learn how to prepare metal for bezels, how they are soldered, and how basic gems are set. **Prerequisite: Beginning Jewelry Soldering or experience.** Registration required.





GENERAL INTEREST

Watering & Fall Plantings

Supplement your groceries and reduce your bills with a wonderful summer garden and learn how to transition to fall. With special emphasis on fall crops, topics will include method and crop planting to enrich the soil, mulching, composting and watering. On site in the Burien Annex Community seattle Garden; hands on with an tilth educator from Seattle Tilth.

Fee: \$12 / RD \$10 Classes: 2 Age: 16Y and up 17775 July 11-18 10am-12pm Sat Green House Comm. Garden Instructor: Seattle Tilth

Innovative Stitches

Get together with other local fiber arts enthusiasts to share your love of all things stitched; needlework, beading, quilting and more! You may work independently or collaborate with others on a project. Bring your supplies.

Fee: \$23 / RD \$20 Age: 18Y and up Classes: 10 17832 June 24-Aug 26 10:30am-12:30pm Wed **BCC Eagle Landing Room**

GENERAL INTEREST 50+

AARP Smart Driver Course

AARP offers a two-day Safe Driver Course. You may be able to get a deduction from your insurance company, if you complete this course. Fee is \$2 at the time of registration and \$15 for AARP members/\$20 for non-members to be paid in class.

Age: 50Y and up Classes: 2 Fee: \$2 17808 Aug 25-26 12:30pm-4:30pm Tue-Wed **BCC Manhattan Room** Instructor: Leonard Boscarine

Writers Workshop

Whether your goal is to write your family history or the 'great American novel', a beginner or published author, you'll expand your horizons and hone your communication skills with the encouragement of this friendly, supportive group. Join the fun!

Age: 50Y and up Fee: \$39 / MD \$30 Classes: 10 17825 July 10-Sept 11 10am-12pm

BCC Lakeview Room Instructor: Sallie Tierney

Highline Historical Society

Garden Tour

June 13

10:00am-4:00pm

Selected gardens in Burien, SeaTac and Normandy Park

TICKETS: \$15 advance purchase at Burien Bark, Umpqua Bank, and Wild Birds Unlimited in Burien • \$12/ person if purchased for groups of 4 or more • \$18 day of tour at Burien Bark and Wild Birds Unlimited only.

FOR AGES 12 AND UP

Tour inspiring local gardens that demonstrate their owners' particular interests in sustainability, native plants, food growing, family legacy, aesthetics—and chickens! New this year—one lucky golden ticket holder will receive a bounty of gardening gifts.

editor@highlinehistory.org www.highlinehistory.org



CARDIO

Boot Camp

FIT PASS In Boot Camp no two classes are the same! Each session will be a mix of body weight and free weight exercises that raise your heart rate while also building strength. Worried you can't keep up? All exercises can be modified to fit your individual needs.

Age: 16Y and up	Fee: \$41 / RD \$36	Classes: 4
17835 July 6–27	7pm-8pm	Mon
17836 Aug 10-31	7pm-8pm	Mon

BCC Lakeview Room

Instructor: Robin Martin

Early Bird Fitness

Guarantee yourself a regular work-out by scheduling it into your day BEFORE work or daily responsibilities begin! A terrific opportunity to improve flexibility, muscle tone, circulation and endurance.

Age: 16	Y and up I	-ee: \$47 / RD \$41	Classes: 12
17837	July 6–31	6am-7am	Mon, Wed, Fri
17838	Aug 10–Sept 4	6am–7am	Mon, Wed, Fri
BCC Sea	hurst Banquet Ha	ıll İnstructo	or: Pam Odegard



Grab your running shoes and meet us at the library! Whether you're looking to begin a running routine, maintain a running schedule, or improve your stride this group is for you. Experience the benefits of being part of a supportive group of runners by hitting the streets of Burien for a 60-minute self-paced run each Saturday. This established running group meets at Burien Town Square Park by the art sculpture.

No need to register, just show up Saturdays at 9am ready to go!

FREE • SATURDAYS • 9:00am Burien Town Square Park Meet by the art sculpture

MixxedFit®

FIT PASS NEW MixxedFit® is a people inspired dance fitness program that is a perfect mix of explosive dance moves and boot camp toning. We dance to music that you would hear on the radio or in the club. Our moves are easy to follow, repetitive, and explosive allowing students of all fitness levels to maximize their workout all while having fun.

Age: 14Y and up Fe	ee: \$37 / RD \$33	Classes: 6
17963 July 7–Aug 1	1 7pm-8pm	Tue
BCC Manhattan Room	Instructor: We	ndy Naiman

TRY THIS CLASS OUT FREE ON TUESDAY, JUNE 30th AT 7:00PM

Fitness Playground

When was the last time you had so much fun that you didn't realize how hard you were working until you stopped? It's time to feel that again. Mix fun and fitness like you haven't since you were a kid. Skip the pain, have ALL gain: Come out and play!

Age: 16	Y and up	Fee: \$38 / RD \$33	Classes: 4
17943	July 7–28	5:30pm-6:30pm	Tue
17944	Aug 11–Sept 1	5:30pm-6:30pm	Tue
17945	July 9-30	7:30pm-8:30pm	Thur
17946	Aug 13–Sept 3	7:30pm-8:30pm	Thur
17883	Aug 11–Sept 1	7pm-8pm	Tue

Instructor: Clay Fife

Stroller Strides

Seahurst Elementary Field

Stroller Strides® is a stroller-based fitness program designed for moms with little ones. Each 60-minute, total body workout incorporates power walking, strength, toning, songs and activities. Certified fitness instructors offer a variety of fun class formats both indoors and outdoors. All locations also offer a free Plum Moms Club so moms can form lasting friendships with other moms through organized playdates, moms' nights out, and activities for the whole family.

Age: 18Y and up	Fee: \$55/monthly	Classes: 7
	9:30pm-10:30pm	Mon, Wed, Fri
BCC Lakeview Room	Instructor:	Stroller Strides

Registration and schedule can be found at

http://fit4mom-seking.frontdeskhg.com

or consult with an instructor before the start of class.



CARDIO

Zumba in the Park

Let's bring the Zumba craze out into the park! It's still your favorite fusion of Latin and international inspired music and dance moves that create an exciting and effective aerobic/fitness workout. Whether you know how to dance or not, Zumba will keep you coming back for more.

Age: 16	Y and up	Fee: \$47 / RD \$41	Classes: 6
17872	July 8–Aug 12	5:30pm-6:30pm	Wed
Lake Bu	ırien Park	Instructor: Anne Mari	e Littleton

Zumba

FIT PASS Join the Zumba craze, with its fusion of Latin and international inspired music and dance moves that create an exciting and effective aerobic/fitness workout. Whether you know how to dance or not, Zumba will keep you coming back for more.

Age: 16	Y and up	Fee: \$47 / RD \$41	Classes: 6
17873	July 6–Aug 10	5:30pm-6:30pm	Mon
RCC Sea	hurst Ranguet H	Iall Inctr· Anna Mari	a Littlaton

Zumba Gold

FIT PASS Zumba Gold is an easy to follow program that lets you move to the beat at your own speed. It's an invigorating Latin influenced dance fitness class that feels fresh and exhilarating. Benefit from the low-impact moves on a physical and emotional level. This class is designed for the active older adult, the true beginner, people who are not used to exercising, or are limited physically.

BCC Ma	nhattan Room	Instructor: Cri	stina Herrera
17877	Aug 14—Sept 4	10am-11am	Fri
17878	July 10-31	10am-11am	Fri
Age: 16Y and up		Fee: \$31 / RD \$27	Classes: 4





PILATES

Lunchtime Pilates

Pilates classes consist of circuit FIT PASS style mat work routines designed to develop abdominal core strength, increase all over flexibility, improve muscular endurance and create a mind to body connection that will enhance movement.

Fee: \$53 / RD \$49 Classes: 8 Age: 16Y and up 12pm-12:45pm Tue, Thur 17851 July 7-30 Tue, Thur 17852 Aug 11-Sept 3 12pm-12:45pm

BCC Lakeview Room Instructor: Pam Videen

FIT PASS

Need a workout on the go? Want to mix up your fitness routine?

Look for the **FIT PASS** symbol for class options. Passes must be purchased 10 min. before class. Good for classes that have met minimum registration. Refunds, credits, or discounts do not apply.

DROP-IN FIT PASS: \$13/RD \$10

STRENGTH TRAINING

Kettlebell Foundations

Introducing the ultimate fitness FIT PASS program that increases your endurance, power, strength, and confidence to burn fat fast! Kettlebell utilizes all of your core muscles that are essential for maintaining good health. This class takes the beginning moves and combines them into a challenging workout.

Age: 16	Y and up	Fee: \$38 / RD \$33	Classes: 4
17882	July 7–28	7pm-8pm	Tue
17883	Aug 11–Sept 1	7pm-8pm	Tue
17880	July 9-30	6:15pm-7:15pm	Thur
17881	Aug 13–Sept 3	6:15pm-7:15pm	Thur
17885	July 11–Aug 1	8:15am-9:15am	Sat
17884	Aug 15–Sept 5	8:15am-9:15am	Sat
BCC Lak	eview Room	Instructo	r: Clay Fife

Strength & Tone

Want definition? Wish to be FIT PASS stronger? Love to burn calories, even after exercising? You will use weights, bands and other equipment to build muscle and tone the body.

Age: 16Y and up Fee: \$69 / RD \$63 Classes: 8 17857 July 13-Aug 31 6:45pm-7:45pm Mon BCC Seahurst Banquet Hall Instructor: Gretchen Lemon

Strength & Tone in the Park

Want definition? Wish to be stronger? Love to burn calories, even after exercising? You will use weights, bands and other equipment to build muscle and tone the body.

Age: 16Y and up Fee: \$69 / RD \$63 Classes: 8 17856 July 15-Sept 2 6:45pm-7:45pm Wed Lake Burien Park Instructor: Gretchen Lemon

SWIM

Agua Fit

A great way to get an aerobic workout and tone muscles in a non-impact environment. Foam dumbbells and other



devices are used to add resistance and intensity. The pool is 4.5 feet deep and 85°. Please provide your own towels.

Age: 18Y and up Fee: \$101 / RD \$96 Classes: 16 17823 July 7-Aug 27 8:30am-9:30am Tue, Thur Highline Club Pool Instructor: Highline Club

SCHOLARSHIPS AVAILABLE

Scholarships are available. Please call 206.988.3700 for more information.

Adult Fitness

TAI CHI

Tai Chi in the Park

FIT PASS This ancient Chinese Martial Art is a form of exercise that combines movement and meditation. In this class, we will work on basic alignment, relaxation and coordination. Relieve stress and have fun, while gaining strength, balance and flexibility. No class 8/13.

 Age: 16Y and up
 Fee: \$66 / RD \$60
 Classes: 8

 17767
 July 7–30
 10:45am–11:45am
 Tue, Thur

 17768
 Aug 4–27
 10:45am–11:45am
 Tue, Thur

Annex Community Center Park Instr: Viola Brumbaugh



Tai Chi is an ancient Chinese martial art practiced by millions every day to improve health and develop self-defense. Chen family Tai Chi is the original form of this art. Improve balance and flexibility, reduce stress and joint discomfort, and develop strength and focus.

Age: 16Y and up Fee: \$137 / RD \$130 Classes: 11

17770 July 7–Sept 15 6pm–7pm Tue

Green House Field Instructor: Viola Brumbaugh

Qigong-Health of Body, Mind & Spirit in the Park

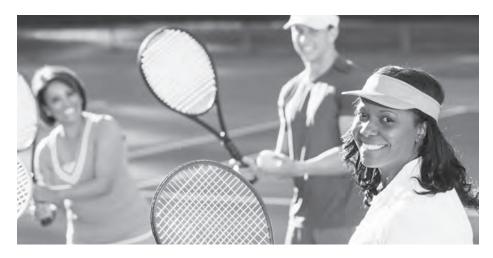
FIT PASS Improve your health, increase your energy, and speed your recovery from illness. Qigong's stretching and strengthening movements activate 'qi' in your body, stimulate your immune system, strengthen your internal organs, and rejuvenate your soul. No class 8/12.

Age: 16Y and up Fee: \$92 / RD \$85 Classes: 10

17807 July 8–Sept 16 10:45am–11:45am Wed

Green House Field Instructor: Viola Brumbaugh





TENNIS

Tennis

This class will introduce fundamental tennis skills, proper footwork and singles and doubles match play experience. Skills learned will help adults learn proper skills for recreational tennis match play. Please bring a tennis racquet.

Age: 14	Y and up	Fee: \$47 / RD \$41	Classes: 4
17938	July 7–28	7pm-8pm	Tue
17939	Aug 11–Sept 1	7pm-8pm	Tue
Lake Bı	urien Park	Instructor:	Stefan Green

Bio: Stefan Green has 20+ years of tennis instructing and coaching experience, coaching WIAA high school players at league, district and state levels. During the school year he is the boys and girls tennis coach at Tyee High School.

YOGA

Gentle Yoga

FIT PASS A unique combination of postures and movements to relax your mind. Connect with your body & spirit while you experience this gentle form of yoga. A great class for all levels with emphasis on breath and flow of energy within your body.

Age: 16Y	and up	Fee: \$31 / RD \$27	Classes: 4
17839	July 8–29	6pm-7:30pm	Wed
17840	Aug 12–Sept 2	6pm-7:30pm	Wed
BCC Hillt	op Room	Instructor: Lori Leberer	

YOGA

Low Impact Chair Yoga

FIT PASS A great class for seniors, adults, and individuals returning from an injury, who want to gain flexibility and balance while stretching, breathing, and practicing relaxation techniques in a safe and comfortable setting.

BCC Hill	top Room	Instructor: Janet Crawley	
17844	July 15–Aug 5	11am-12:15pm	Wed
17843	July 13–Aug 3	11am-12:15pm	Mon
Age: 16	Y and up	Fee: \$39 / RD \$34	Classes: 4

Yoga Stretch & Strength

A 46V I

PIT PASS

Do you want to feel great about yourself? Join us to experience increased health by calming and de-stressing the mind and body as we move into basic yoga postures and breathing practices. We'll stretch, strengthen and learn to release tension and increase flexibility while practicing on a mat. Janet provides options within a posture and encourages each person to participate at their own level.

Age: 16	Y and up	Fee: \$39 / RD \$34	Classes: 4
17862	July 13–Aug 3	9am-10:15am	Mon
17863	July 15–Aug 5	9am-10:15am	Wed
BCC Hill	top Room	Instructor: Jai	net Crawley

SCHOLARSHIPS AVAILABLE

Scholarships are available.
Please call 206.988.3700 for more information.





FITNESS 50+

3 R's of Exercise: Retain, Restore, Renew

FIT PASS

Exercise and fitness routines specifically designed for seniors: stretching, balance, strength and coordination. Adaptations for those with specific physical problems will be provided. This is an easy way to improve your fitness while working out with other seniors.

Age: 50Y and up Fee: \$45 / MD \$36 Classes: 8

17806 July 7–30 9:30am–10:30am Tue, Thur

BCC Hilltop Room Instructor: Eileen Broomell

Enhance Fitness

FIT PASS

A medium level aerobic exercise session, this class includes warmup, aerobics, weights (provided) and cool-down. We encourage new people to view a class before they register. Call 206-988-3700 if you are a Group Health member, you may be eligible for free classes. No class 7/3.

Age: 50	Y and up	Fee: \$35 / RD \$30	Monthly
17809	July 1-31	8:45am-9:45am	Wed, Fri, Mon
17810	July 1-31	9:45am-10:45am	Wed, Fri, Mon
17811	July 1-31	10:45am-11:45am	Wed, Fri, Mon
17812	Aug 3–31	8:45am-9:45am	Mon, Wed, Fri
17813	Aug 3-31	9:45am-10:45am	Mon, Wed, Fri
17814	Aug 3–31	10:45am-11:45am	Mon, Wed, Fri
BCC Seahurst Banquet Hall Instru		ctor: Alex Lewis	



SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Free to qualified SilverSneakers members. No class 7/3.

 Age: 50Y and up
 Fee: \$35 / RD \$30
 Monthly

 17819
 July 1–31
 12:15pm–1pm
 Wed, Fri, Mon

 17820
 Aug 3–31
 12:15pm–1pm
 Mon, Wed, Fri

BCC Seahurst Banquet Hall Instructor: Alex Lewis

Sitting Fit

This senior exercise class is performed entirely in the seated position. It will consist of a light warm up, stretching and breathing exercises. The class is taught in an encouraging and supportive environment where everyone goes at his/her own pace during the workout. No class 7/3.

Age: 50Y and up Fee: \$10 Monthly

17818 June 22–Aug 28 3:30–4:30pm Mon, Wed, Fri

Burien Park Apts Comm Rm Instructor: Alex Lewis

Strength Training with Thera Bands Workshop

This workshop meets the second Monday of each month and covers the importance of maintaining strength as you age and learning the easy exercises that will help you maintain your good health for as long as possible. Workshop includes a free Thera Band for you to take home. Class dates: 7/13, 8/10, and 9/14.

 Age: 50Y and up
 Fee: \$12 / RD \$10
 Classes: 3

 17822
 July 13-Sept 14
 1pm-1:40pm
 Mon

 BCC Manhattan Room
 Instr: Burien Nursing & Rehab

RECEIVE A

\$10.00 DISCOUNT

ON ANY DANCE OR FITNESS CLASS (for those 50+)

This coupon is good for ANY dance or fitness class for participants who are 50 years or older and are new to that class or haven't participated in a dance or fitness class in the last 3 months.



Travel for Adults 50+

Travel Information

- Trip times are subject to change.
- No substitutions allowed.
- Cancellations must adhere to refund policy.
- A cold or common illness is not considered "medical illness."

TRIP RATINGS

All trips involve some degree of walking. See below for walking rating:

EASY * Mostly paved, minimal walking distance

MODERATE** Sometimes paved, may include stairs, moderate walking distance

DIFFICULT*** Some difficult terrain, uneven ground, stairs, incline, and/or extensive walking

Angel of the Winds Casino*

Check out 'The World's Friendliest Casino,' nestled in the Arlington area. Trip includes escort and transportation. Lunch is on your own.

Age: 50Y and up	Fee: \$23 / RD \$20	Classes: 1
17795 June 24	9am-5pm	Wed

Vehicle Transportation PaRCS Bus

Sunsets at Mary Olson Farm**

Enjoy the sounds of the Auburn Symphony Orchestra's music outdoors at Mary Olson Farm in Auburn. Farm docents will also give tours of the fully restored farmhouse. Concerts are festival seating, so blankets, baskets of food and low chairs are encouraged. Trip includes admission, escort and transportation. No meal stop. MUST REGISTER BY 6/22.

Age: 50Y and up	Fee: \$38 / RD \$33	Classes: 1
17796 July 9	5pm-10pm	Thur

Vehicle Transportation PaRCS Bus



Tacoma Musical Playhouse: West Side Story*

The world's greatest love story takes to the streets in this landmark Broadway musical that is one of the theaters finest accomplishments. Trip includes admission, escort and transportation. No meal stop. **MUST REGISTER BY 6/22.**

Age: 50Y and up	Fee: \$54 / RD \$47	Classes: 1
17800 July 11	12:45pm-4pm	Sat

Vehicle Transportation PaRCS Bus

Mount Rainier**

'Oh, what a paradise!' Visit Mount Rainier National Park's main visitor center: the new Paradise Jackson Visitor Center. Trip includes admission, escort and transportation. Lunch at Paradise Inn or Paradise Camp Deli (\$7-\$12) is on your own.

Age: 50Y and up	Fee: \$32 / RD \$28	Classes: 1
17793 July 13	9am-5pm	Mon

Vehicle Transportation PaRCS Bus

Sequim Lavender Festival*

Spend the day in calm, serene Sequim exploring the many lavender fields and quaint town during festival time. The drive itself is worth the trip! Trip includes escort and transportation. Lunch is on your own.

Age: 50Y and up	Fee: \$28 / RD \$24	Classes: 1
17801 July 18	8am-6pm	Sat
17791 July 19	8am-6pm	Sun

Vehicle Transportation PaRCS Bus

Pacific Northwest Mushroom Festival**

Head to Lacey to sample great eats and learn more about these fabulous fungi. You will even get a sneak peek at what goes on inside a mushroom growing operation at Ostrom's Farm. Trip includes tour, escort and transportation. Lunch and festival admission (\$5) are on your own.

Age: 50Y and up	Fee: \$28 / RD \$24	Classes: 1			
17798 July 25	9am-5pm	Sat			

Vehicle Transportation PaRCS Bus

Hibulb Cultural Center & Seattle Premium Outlets**

Explore the Hibulb Cultural Center and learn about the Tulalip Tribes history, traditional cultural values and spiritual beliefs. There will be a little time for shopping at the outlet mall as well. Trip includes admission, escort and transportation. Lunch is on your own.

Age: 50Y and up	Fee: \$25 / RD \$22	Classes: 1
17792 July 28	9am-5pm	Tue

Vehicle Transportation PaRCS Bus

PRE-REGISTRATION REQUIRED FOR TRIPS

Proctor Arts Fest & Farmer's Market**

Come and enjoy live music and local entertainment in Tacoma's beautiful Proctor District. You will have the opportunity to purchase original artwork, a new outfit or fresh fruits and vegetables. There are many great consignment and thrift shops to explore. Trip includes escort and transportation. Lunch is on your own.

Age: 50Y and up Fee: \$20 / RD \$17 Classes: 1

17797 Aug 1 9am-5pm Sat

Vehicle Transportation PaRCS Bus

Westport & Winery*

Head to the quaint beach town of Westport, Washington. Enjoy some leisure time exploring the beaches and little shops along the waterfront. We will stop in at the Westport Winery where you can taste five wines for \$5 or explore the Sculpture Garden. Trip includes escort and transportation. Lunch and wine are on your own.

Age: 50Y and up Fee: \$28 / RD \$25 Classes: 1

17787 Aug 7 9am—5pm Fri

Vehicle Transportation PaRCS Bus

Little Creek Casino*

Feeling lucky? Join us for a trip to the Little Creek Casino. Experience the sights and sounds of this Vegas-style casino. Trip includes escort and transportation. Lunch is on your own.

Age: 50Y and up Fee: \$23 / RD \$20 Classes: 1

17794 Aug 14 9am-5pm Fri

Vehicle Transportation PaRCS Bus

Snoqualmie Falls Forest Theater: Music Man***

Come enjoy a show beneath the beautiful trees while enjoying the fresh air. After the show you will enjoy a fabulous BBQ dinner! You have the choice of steak, salmon, chicken or vegetarian lasagna. Trip includes admission, meal, escort and transportation. MUST REGISTER BY 7/24.

Age: 50Y and up Fee: \$73 / RD \$66 Classes: 1

17790 Aug 22 12:30pm—6:30pm Sat

Vehicle Transportation PaRCS Bus



The Secret Garden Tea*

Join us for an afternoon tea at The Secret Garden Tea Room, and then walk around the charming town of Sumner. Trip includes tea, escort and transportation. **MUST REGISTER BY 7/31.**

 Age: 50Y and up
 Fee: \$56 / RD \$51
 Classes: 1

 17788
 Aug 28
 9am-3:30pm
 Fri

Vehicle Transportation PaRCS Bus

Evergreen State Fair*

Spend a glorious day exploring and getting 'lost' at the Evergreen State Fair in Monroe. Trip includes admission, escort and transportation. Lunch is on your own.

Age: 50Y and up Fee: \$23 / RD \$20 Classes: 1

17786 Aug 31 10am-5pm Mon

Vehicle Transportation PaRCS Bus



The Washington State Assoc. of Senior Center's (WSASC)

EXTENDED TRAVEL OPPORTUNITIES

for anyone who would like to see more of America and the world.

America's Music Cities Tour New Orleans, Memphis, Nashville

October 4-11, 2015

Highlights: French Quarter, New Orleans School of Cooking, Swamp Tour, Graceland, Ryman Auditorium, Grand Ole Opry, Historic RCA Studio B, Country Music Hall of Fame, Wild Horse Saloon. 10 Meals, Air, Hotel, Tours & Transportation

\$2,729 Double / \$3,429 Single

Spain's Classics

March 5-15, 2016

Highlights: Madrid, Royal Palace, Toledo, Cordoba, Seville, Flamenco Show, Granada, the Alhambra, Valencia, City of Arts & Sciences, Lladro City of Porcelain, Paella Experience, Barcelona, La Sagrada Familia, Parc Guell. 11 Days, 14 Meals, Air, Lodging, & Transfers

BOOK NOW Save \$200 per person \$3,599 Double. After August 1: \$3,799. \$4,099 Single. After August 1: \$4,299. \$3,769 Triple. After August 1: \$3,769.

Tropical Costa Rica

November 2016

Highlights: San Jose, Monteverde, Arenal Volcano, Lake Arenal Cruise, Cano Negro Refuge, Zarcero, and National Theatre.

9 Days, 14 Meals, Air & Hotels

Approximate Cost \$2,599. Double Occupancy



Info / registration: www.wsasc.org or call Sheri at 206.767.2321

Adults 50+ Services & Programs

At The Burien Community Center 14700 6th Ave SW • 206.988.3700

Membership Opportunities

A membership offers you reduced fees on some programs, a bi-monthly activity newsletter mailed to your home, and an opportunity to financially support all of the City's senior programs. Your support is appreciated!

Scholarships Available

Thanks to the generosity of the Edith Trucks Trust Fund, reduced senior program fees are available for those 50 years and older.

Drop In Activities

Knitting	Tuesdays @ 2:00pm	Lobby
Pinochle	Tuesdays & Thursdays @ Noon	Chelsea Room
Whist	Wednesdays @ 1:00pm	Chelsea Room
Open Art Studio	Mondays @ Noon-3:00pm	Eagle Landing Room





Personal Services

Appointments are required for these services available at the Community Center. Call early, since many services fill up weeks in advance. **206.988.3700**

Foot Care Clinic

Every Thursday, 9:00am-3:00pm \$33 per person per visit, by appointment.

Attorney Consultations

Provided free-of-charge by local attorney Frank DeMarco.

3rd Thursday of the month, July 16. Call for appointments. No appointments in August.

Metro ORCA Bus Passes

Apply for the Regional Reduced Fare Permit for Seniors &/or disabled citizens.

2nd Tuesday of every other month, July 14 at 10:30am sharp.

Chair Massage

Local and licensed massage therapist offers chair massages to ease the body of tension and stress symptoms. Donations start at \$2 per 15-minutes.

2nd Wednesday of the months, July 8 and August 12. Call for appointments.

Hearing Clinic

Free ear checks and hearing screens by Highline Hearing Professionals. Wednesday, August 5, 10:00am. Call for appointment.

Statewide Health Insurance Benefits (SHIBA)

A free service that provides free, unbiased, and confidential assistance with Medicare and health care choices. 4th Wednesday of the month, July 22 & August 26, 9:00am–12:00pm.

Medicare Consultations

Still have questions about Medicare? Meet with experts that will help you get a better understanding of how Medicare works as well as seven Medicare traps and how our information can help you avoid them.

2nd Friday of the month, 1:00pm-3:00pm July 10 and August 14.

Social Services & Transportation

These services are NOT available at the Community Center. Call the phone numbers below for assistance.

Senior Information & **Assistance**

The most comprehensive information available for local and regional senior services. **206.448.3110**

MEALS on WHEELS

Delivery of free frozen microwavable meals to home bound seniors. **206.248.5680**

Free Burien Shuttle Bus Rides

The **HYDE Shuttle Bus** provides free weekday transportation for seniors or those with disabilities who need to get to and from their personal appointments. **206.727.6262**

Volunteer Drivers Needed

If you're interested in providing a few hours a week to drive the shuttle, call for more information. **206.748.7588**

Metro Bus Access

A shared-ride van transportation service for seniors or disabled individuals who are unable to ride regular Metro buses. **206.205.5001 or 206.689.3113**

Volunteer Transportation

Get one-on-one service from a trained volunteer strictly for medical appointments. **206.448.5740**

Beach Interpretative Programs



Located on Seahurst Park's beach approximately ¼ mile north of the main park entry.

SEAHURST SATURDAYS

10am−Noon ★ All Ages ★ Pre-Registration Required!

Register online@ www.EnvScienceCenterorg/seahurstsaturdays/ or call 206-248-4266

GUIDED NATURE WALKS

July 4, 18, and August 15

Discover the wonders of the forest while walking the trails and learning how to identify plants and bird calls.

SEAWEED PRESSING

July 11

Explore different species and learn how to press them for enjoyment in years to come.

"ALL HAIL PLANKTON!"

July 25

Learn about these organisms that produce about half of the oxygen we breathe! Collect samples and view and identify live plankton samples.

INTRO TO COMPASS READING AND MAPS

August 1

Learn basics and explore topography maps.

OCEAN ACIDIFICATION

August 8

Learn about OA, its causes, and changes needed to address this great challenge to the marine environment and its ecosystem.

THOSE AMAZING INSECTS

August 22

Learn the roles these organisms serve in the food chain and our survival.

NATURE PHOTOGRAPHY

August 29

Use the park's beauty to provide the perfect setting while learning basics to create a stunning image.

SUMMER LOW-TIDE BEACH WALKS

Explore Seahurst Park's beach at low tide with a Seattle Aquarium Beach Naturalist at this free, drop-in program. Look for signs at the entrance near the beach. Visit www. seattleaguarium.org for details and driving directions.

JUNE

- 2 9:45am-1pm
- 9:45am-1:30 pm
- 10:30am- 2pm
- 12:30pm-3:30pm
- 7 1:45pm-4:15pm
- 15 9:30am-1pm
- **16** 9:30am-1:30pm
- 17 10:30am-1:45pm
- 18 11:15am-2:15pm

JULY

- 1 9:45am-1pm
- 2 10am-1:30pm
- 3 10:45am-2:15pm
- 4 11:45am-3pm
- 5 12:45pm-3:15pm
- 14 9:30am-12:00pm
- **15** 10am-12:45 pm
- 30 9:45am -12:15pm
- **31** 10am-1:15 pm

AUGUST

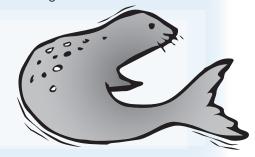
- 10:45am-1:45pm
- 11:45am-2:15pm



HOW CAN YOU HELPA STRANDED BEACH ANIMAL?

If you see a baby seal, sea lion, or other mammal on the beach, please follow these guidelines:

- 1.DON'T TOUCH. These are wild animals and easily stressed by humans. Seal mothers often leave their pups ashore while they're feeding at sea.
- 2.OBSERVE the animal from a distance of at least 50 ft. Keep people and dogs away.
- **3.CALL** the Mast Center at 206.724.2687 to report an injured or deceased animal.



Registration Information

THREE WAYS TO REGISTER...





Register.BurienParks.net



WALK IN 14700 6th Ave SW



CALL US 206.988.3700

- Pre-registration is required for all classes unless otherwise stated.
- All fees are due at the time of registration.
- No "on site" registration will be taken by instructors.
- All classes/activities have a minimum and maximum enrollment.
- Registration is required at least three (3) working days in advance to ensure class minimums are met.
- There is a \$25 service fee for all returned checks and declined credit cards.





BURIEN PARKS, RECREATION & CULTURAL SERVICES

Purpose is to enrich and inspire our community through quality experiences, people and places. We will promote a healthy, livable community with opportunities for physical activity as well as personal and cultural enrichment.

PROGRAM LOCATIONS

BCC Burien Community Center	14700 6th Ave SW
Burien Park Apts	500 SW 148th St
Cedarhurst Elementary	611 S 132nd St
Chelsea Park	839 SW 137th St
Community Center Annex	425 SW 144th St
Dottie Harper House	421 SW 146th St
Evergreen Community Aquatic Center	606 SW 116th, Seattle
Green House Community Garden	437 SW 144th
Green House Field	437 SW 144th St
Highline Club	125 S 156th St
Highline High School	225 S 152nd St
Hazel Valley Elementary	402 SW 132nd St
Lake Burien Park	14640 18th Ave SW
MAC Moshier Community Art Center	430 S 156th St
Moshier Field	430 S 156th St
Seahurst Elementary	14603 14th Ave SW
Seahurst Park	1600 SW Seahurst Dr SW
Southern Heights Elementary	11249 14th Ave S, Seattle
Sylvester Middle School	16222 Sylvester Rd SW
Town Square Park	480 SW 152nd St



To view these locations on your PC, visit www.bit.ly/BPclasslocs

To view these locations on a smartphone, scan this QR Code

Registration Information

Satisfaction Guaranteed

We wish to provide you with the highest-quality programs and services possible. 100% CREDIT will be issued if you are dissatisfied with the quality of your instructor or facility, please call 206.988.3700 prior to the 2nd class and we will issue you a full credit or process your Refund Request Form.

Refunds & Credits

When appropriate, we will gladly refund or credit your class fee for these amounts:

- 100%: When class is canceled by the Burien Parks, Recreation, and Cultural Services Department due to insufficient enrollment OR when you request to withdraw from the class a minimum of 3 business days prior to the first class and accept a credit.
- 100% (less a \$5.00 processing fee):
 When you request to withdraw from
 the class a minimum of 3 business
 days prior to the first class and prefer a
 refund. No refunds will be issued if you
 request to withdraw from:
 - Programs costing \$5.00 or less
 - One day program
 - Trip or Travel programs where admission was purchased in advance
 - · Special Events
 - A scholarship was used to pay for a program

Credits will be valid for one (1) calendar year. Refunds take approximately 3 weeks to process, and will not be issued from a credit. Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of the circumstance may be requested.

Recreation Scholarship Program

Scholarships are available for youth who are Burien residents and adults 50+ for Adult/Senior Programs.

Call 206.988.3700 for scholarship information.

Accessibility

Individuals with or without disabilities may register for all programs offered by the City of Burien provided program safety requirements can be met. The Parks, Recreation & Cultural Services Department provides reasonable accommodation for people with disabilities. Please contact the Parks & Recreation office three (3) weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case by case basis.

Inclement Weather Policy

During periods of bad weather, radio stations will report school closures and changes in schedules. Please listen for the Highline School District report.

- SCHOOL CLOSED: All Burien Parks & Rec classes and programs are canceled. Canceled classes will be refunded.
- 2. SCHOOL OPEN/TWO HOUR LATE ARRIVAL: Burien Parks & Rec classes are as follows:
 - Classes held prior to 10:00am are canceled.
- Classes held after 10:00am: call 206.988.3700 for updated information.
- 3. EARLY RELEASE due to inclement weather: call 206.988.3700.

PLEASE NOTE: During extended periods of inclement weather, some classes will continue to be canceled. Canceled classes will be listed on the 206.988.3700 after hour's message line and at www.BurienParks.net.

Disclaimer

This Recreation Guide is a general schedule of programs, activities and events. Dates, times and locations are subject to change. For updated information, call 206.988.3700 or visit www.BurienParks.net.

Photography & Video

The City of Burien takes videotape or photographs of people enjoying our parks or facilities. Photographs may be used for promotional purposes and are used at the discretion of and become the property of the City of Burien. Should you not want photographs of your child utilized for publications or posted on our website and social media promotion, please let our staff or your instructor know.

FIND US AT...

Burien Community Center

14700 6th Ave SW, Burien, WA 98166

OFFICE HOURS:

Monday-Thursday, 8:30am-8:00pm Friday, 8:30am-5:00pm Saturday, 8:00am-12:00pm

PHONE: 206.988.3700

FAX: 206.243.2784
WEBSITE: www.BurienParks.net
EMAIL US: parksinfo@burienwa.gov

Holiday Closures

Memorial Day	Monday, May 25
4th of July	Friday, July 3
Labor Day	Monday, Sept 7

Spectacular SEAHURST PARK



BREATHTAKING BEAUTY. CLOSE-TO-HOME. EXPERIENCE IT!

RELAX

to the soothing sound of waves

WATCH

a magnificent sunset over the Olympic Mountains

WALK

on forested trails in peaceful solitude

OBSERVE

the diversity of marine life on the beach

EXCITE

the kids with the new climbing play structure





SEAHURST PARK PICNIC SHELTERS

YOU CAN NOW RESERVE **PICNIC SHELTERS ONLINE!**

Visit BurienParks.net or call 206.988.3700

Reservations are available for April 1st - September 30th usage.

Morning Half Day 9:00am-2:00pm Afternoon Half Day 3:00pm-Dusk* Full Day 9:00am-Dusk*

*dusk between approximately 7:00pm-9:30pm



Nori Shelter

75 people

6 tables, 3 BBQs

Half Day: \$90 / \$75 RESIDENT DISCOUNT Full Day: \$145 / \$125 RESIDENT DISCOUNT

Coral Shelter

75 people

5 tables 3 BBQs, water

Half Day: \$90 / \$75 RESIDENT DISCOUNT Full Day: \$145 / \$125 RESIDENT DISCOUNT

Sea Star Shelter

75 people

5 tables, 3 BBQs, water

Half Day: \$90 / \$75 RESIDENT DISCOUNT Full Day: \$145 / \$125 RESIDENT DISCOUNT



	Acrease	Basheri	Barben.	Picnic 4	Picnic co.	Play Io	Restron	Saltwar	Skate p.	Tennis C.	Water E	Sports	Gravel 7.	Paved Tr.	ADAA
Arbor Lake Park 12380 2nd Ave S, 98168	8.54			*		*									
Community Center Annex 425 SW 144th St, 98166							*								
Community Center Annex Park 14549 4th Ave SW, 98166	4.8	*		*					*					*	*
Burien Community Center 14700 6th Ave SW							*								*
Chelsea Park 839 SW 136th St, 98166	3.0			*		*	*					*		*	*
Des Moines Memorial Park 15623 Des Moines Memorial Dr, 98148	.01														
Dottie Harper Park 421 SW 146th St, 98166	3.9			*		*							*	*	*
Eagle Landing Park 14641 25th Ave SW, 98166	6.21							*					*		
Green House/Community Garden 437 SW 144th St, 98166	.75														
Hazel Valley Park 251 SW 126th St, 98146	2.86			*										*	*
Hilltop Park 2600 S 128th St, 98168	7.36		*	*											
Jacob Ambaum Park 12621 Ambaum Blvd SW, 98146	1.04	*	*	*		*	*							*	*
Lake Burien School Memorial Park 18th Ave SW, 98166	4.6					*	*			*			*		*
Lakeview Park* 422 SW 160th St, 98166	2.8	*		*		*								*	
Linde Hill Park (141st St Pond) 651 SW 141st St, 98166	1.0													*	*
Manhattan School Playground Park* 18386 4th Ave S, 98148	1.0			*		*						*			*
Mathison Park 533 S 146th St, 98168	5.3		*	*		*							*	*	*
Miller Creek Trail 14455 Des Moines Memorial Dr, 98148														*	
Moshier (William E) Memorial Park & Moshier Art Center 430 S 156th St, 98148	15.2						*					*		*	*
Puget Sound Park 135 SW 126th St, 98146	5	*		*		*							*		
Salmon Creek Park 700 SW 118th St, 98146	4.58			*									*	*	
Salmon Creek Ravine Park 12540 Shorewood Dr SW, 98146	87.77												*		
Seahurst (Ed Munro) Park 1600 SW Seahurst Park Rd, 98166	182.5		*	*	*	*	*	*					*	*	*
Shorewood Park 11830 28th Ave SW, 98146	3.4												*		
Southern Heights Park* 12025 14th Ave S, 98168	3.27					*									
Town Square Park 480 SW 152nd St, 98166	1.0										*		*	*	*
Triangle Park 15345 Ambaum Blvd SW, 98166	.10														



Performing Arts

ARTISTS UNITED

artistsunitedclub.com

artistsunitedclub@gmail.com

Artists United Art Show and Reception

Show: August-October

Reception: Thursday, August 6, 5-8pm

Burien Community Center, 14700 6th Ave SW

Members of Artists United (founded in 1949) work in a variety of styles and media, including water-color, acrylic, oil, pastel, mixed media, photography, pottery, printmaking, glass and jewelry. A show of member's works will be up for three months, with an opening reception during the August B-Town Beat.

NORTHWEST ASSOC. ARTS

www.nwassociatedarts.org

206.246.6040

SummerSing

Sunday, August 30, 2:00pm • FREE

Glendale Lutheran Church 13455 2nd Ave SW, Burien

All four of NWAA's Artistic Directors lead an open sing for all community members. Join us for an hour of singing together under some of the most talented conductors in our region!

BURIEN ARTS ASSOCIATION

Free Summer Activities burienarts@gmail.com

burienarts@gman.com

206-244-7808

Shakespeare in the Park

Saturday, July 25 and August 1, 7pm – 9:30pm

Dottie Harper Park, 421 SW 146th St.

- The Two Noble Kinsmen
- Much Ado About Nothing



Bring your chair and snacks and enjoy the FREE show by Green Stage!

Photography Classes

Tuesdays and Thursdays August 4-13, 1-3pm

Woodridge Park, 12400 28th Ave South Students will learn basics of digital photography.

THE HI-LINERS MUSICAL THEATRE

<u>www.hi-liners.org</u> 206-617-215

Disney's Peter Pan Jr.

July 9-12

Thursday 7/9 and Friday 7/10 at 7:00pm Saturday 7/11 and Sunday 7/12 at 3:00pm

Renton Civic Theatre, 507 S. 3rd St., Renton All seats reserved, \$12 • All Ages!

Fly away to Neverland with Peter and the Darling children in Disney's adaptation of their beloved animated film.

Rent: Student Edition

July 11-12, 7pm

Renton Civic Theatre, 507 S. 3rd St., Renton All seats reserved, \$15

Ages 13 and up (Strong PG13 warning.)

Set in the East Village of New York City, Rent School Edition is about falling in love, finding your voice and living for today.

Summer Programs and Camps

Weekly beginning June 22

The Burien Annex, 14501 4th Ave SW, Burien Ages 5-16

At Theatre Art Camps every day is about choosing characters, creating stories, singing songs, playing theatre games and rehearsing a show! In Musical Theatre Intensives spend your time singing, dancing and acting your way through a week of rigorous rehearsal with your director, musical director and choreographer! Each program runs daily and is one week long with a performance the last day of class. Choices include: Into the Shire: Breaking bad Hobbits, Peter Pan Camp, Frozen, Camp Half-Blood, A Little Frozen, Magic Treehouse, Jedi Training Camp, Still Frozen, Hunger Games: To Kill a Mockingjay, Hogwarts Prep, Sherlock Sings!, Tinkerbell, Hogwarts Academy, Comic Relief, Treasure Chest.

B-TOWN BEAT



The B-Town Beat 2015 season is in full swing!!
Mark your calendar with these B-Town Beat dates:

June 4, July 2, August 6

The B-Town Beat is Burien's music and art walk. The B-Town Beat takes place every First Thursday from 6pm until 9pm from April through October. Please check out our website for upcoming opportunities to celebrate the arts, local business, and community.

www.b-townbeat.com



MOMENTUM MUSIC AND DANCE ACADEMY

www.MomentumDanceAcademy.org

206-242-1239

Coppelia

Saturday, June 6, 1:30 & 6:30pm

Highline Performing Arts Center 401 S. 152nd St.

Fee: \$14-\$18

The girl with the enamel eyes: "Coppelia" is a charming, funny ballet full of humor, ballet mime, mistaken identity, mad science, and finding true love.

There and Back Again

Monday, June 8, 6:30pm

Highline Performing Arts Center 401 S. 152nd St. Fee: \$12-\$16

Journey near and far with a night full of music, dance, movement and the imagination. Featuring dancers from Momentum's Contemporary, Jazz, Hip Hop, Irish, Liturgical, Tap and Theatre Arts classes.

Disney's Seussical JR.

June 17-18, 6:30pm

Burien Little Theatre 14501 4th Ave SW, Burien Fee: \$10

Horton the Elephant, the Cat in the Hat, and all of your favorite Dr. Seuss characters spring to life onstage in **Seussical JR.**, a fantastical musical extravaganza from TONY winners Lynn Ahrens and Stephen Flaherty

Summer Camps and Music and Dance Lessons

July 6 - August 15

Momentum Music and Dance Academy Studio, 15811 Ambaum Blvd. SW, Suite 160 Ages 3 years old through Adult

Classes in classical ballet, jazz, tap, contemporary, and hip hop, as well as private and group music lessons in piano, guitar, and voice. This summer we will also offer summer five day "Frozen", "Prince and Princess", and "Fairies and Fairytale" camps.

A Center For All Occasions Un Centro para Eventos con la Familia



f there is a special occasion in your future, the Burien Community Center will be ready to serve you and your guests.

Reservations are currently being taken from 3–12 months in advance. Hourly rates of \$35–\$100 according to event, room, time, and dates. The Burien Community Center Seahurst Room will accommodate up to 200 people and includes an on-site kitchenette.

For additional information or to inquire about rental dates please contact us at 206.988.3700 or facilityrentals@burienwa.gov or visit www.BurienParks.net.

Four smaller meeting rooms can accommodate up to 60 people.

Book this great facility for...

- * WEDDING RECEPTIONS
- * REUNIONS
- * RETIREMENT PARTIES
- **★ DANCES**
- **CORPORATE PARTIES**
- **★** BAPTISMS
- ***** BIRTHDAY PARTIES
- **★** BABY SHOWERS

...AND MUCH MORE!

BURIEN COMMUNITY CENTER

14700 6th AVE SW + 206.988.3700 + facilityrentals@burienwa.gov www.BurienParks.net



Download the BurienParks.net App



Scan with your SmartPhone or visit www.m.BurienParks.net





BORN TO THRIVE

AWESOME KIDS DAY

SATURDAY JULY 11th, 2015

10AM - 2PM

TOWN SQUARE PARK

JOIN US FOR A FREE DAY OF GAMES, PRIZES, HEALTHY FOOD, MUSIC, DANCING, BOUNCING AND BUBBLES!

KIDS WERE BORN TO THRIVE...
LET'S CELEBRATE!

brought to you by: collins chiropractic

www.awesomekidsday.com





Burien Town Square

Playtime in the Park

Monday, July 20

1:00pm-3:00 pm

Drop-in for some summer fun! Play Giant Twister, listen to '80's tunes, learn some break-dance moves, and make crafts.

Teen '80's Movies

@ Burien Library Fridays, 10:30 am—Noon July 10—Ghostbusters July 31—Karate Kid







